

SPONSORED PRACTICE 2008

My Practice Log

Pupil Name: _____			School Name: _____		
Date	Minutes Practiced	Minutes Practiced	Minutes Practiced	Total Mins Practiced	Signed (Parent/Guardian)
Mon 23 rd June					
Tues 24 th June					
Weds 25 th June					
Thurs 26 th June					
Fri 27 th June					
Sat 28 th / Sun 29 th June					

Total Minutes
Practice for the
week

MUSIC for SCHOOLS
FOUNDATION

What can I practice?

Effective practice can involve lots of different elements. Try the following:

- ♪ Warm yourself and your instrument up by playing long notes, and time yourself to see if you can hold on for more minutes each day!
- ♪ If you have an exam coming up, practice those scales and arpeggios! Write the names on tiny bits of paper, fold them up, put them into a hat and pull them out so that you don't know which one is coming!
- ♪ Play with your Standard of Excellence or exam CD's - much more fun (not to mention noisy!)
- ♪ Why not practice with friends - it's always good to play in a group!